Thyroid gland

Anatomy, embryology and physiology

Embryology

- ♦ Develops from foramen caecum in floor of pharynx
- Reaches final position at 7 th week
- Begins function at end of third month
- Parafollicular cells which are source of calcitonin are derived from ultimobranchial body



THYROID GLAND EMBRYOLOGY



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

THYROID EMBRYOLOGY







Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

LEFT SIDE ECTOPIC THYROID TISSUE-RIGHT OTHER TISSES FOUND WITHIN THYROID



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com



Anatomy

- Two symmetrical lobes united by a gland of tissue (ishtmus) in front of 2nd – 4th tracheal rings. (C5-C7)
- 20g organ with two lobes and an ishtmus
- Two pear shaped poles (narrow upper, broad lower pole)
 - Lower pole goes as low as 5th 6th ring, upper pole to middle of thyroid cartilage
- Triangular in cross section
- Note presence of pyramidal lobe in 50% and presence of levator glandular thyroidea mm.

THYROID GLAND



PYRAMIDAL LOBE 50%



Anatomy

- Medial and lateral surface
 - Lateral surface under cover of sternohyoid and sternothyroid
 - Medial surface lies against larynx and upper trachea
- External laryngeal nn approaches it from above
- RLN approaches it from below

Anatomy

- Posterior surface overlies carotid sheath (medial portion but can overly lateral portion if enlarges)
- Parathyroids lie posteriorly

CROSS SECTION-THYROID



SURFACE MARKINGS LATERAL





SURFACE MARKINGS OF



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

CERVICAL FASCIA



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

INVESTING LAYER OF CERVICAL

TACOTA

INVESTING LAYER OF DEEP FASCIA OF NECK



CROSS SECTION-THYROID





ANSA CERVICALIS AND BRANCHES TO INFRAHYOID

Skandalakis JE, Colborn GL, Weidman TA, et al: Skandalakis' Surgical Anatomy: http://www.accesssurgery.com

- Pretracheal fascia
 - Lies deep to infrahyoid strap mm
 - Upward attachment limited by attachment to midline and oblique line of thyroid cartilage more laterally
 - Splits to enclose thyroid gland
 - Laterally fuses to carotid sheath behind SCM
 - Inferiorly fuses with adventitia with aortic arch and fibrous pericardium heading behind brachiocephalic vv.

PRETRACHEAL FASCIA



LIGAMENT OF BERRY ATTACHMENT

• Side of cricoid cartilage

• First and second rings of trachea

• RLN passes deep to the Berry ligament or between the main ligament and its lateral leaf

LIGAMENT OF BERRY



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com



Anatomy

- Arterial supply
 - Superior thyroid artery from ECA
 - Inferior thyroid artery from thyrocervical trunk
 - Thyroid ima artery from brachiocephalic, aortic arch or R common carotid – present in 3% of people

ARTERIAL SUPPLY OF THYROID

- Superior thyroid artery-pierces thyroid fascia and divides into anterior and posterior
- Inferior thyroid artery-from thyrocervical trunk.Curves medially behind posterior to carotid sheath. Divides into superior branch which supplies parathyroids and inferior branches related to RLN
- Thyroid ima-12% aortic arch or innominate a

ARTERIAL SUPPLY



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy* : http://www.accesssurgery.com

SURFACE MARKINGS OF



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

Venous drainage

- Superior thyroid vein
 - Drains into internal jugular or facial vv
- Middle thyroid vein
 - Drain straight into internal jugular
- Inferior thyroid vein
 - Forms a plexus from ishtmus usually draining into brachiocephalic, usually left side



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

THYROID VESSELS





- Upper pole deep cervical anterosuperior nodes
- Lower pole posterinferior group
- Some follow thyroid ima to pretracheal nodes

Anatomy

Recurrent laryngeal nerve

- Lies in front of groove b/w the oesophagus and trachea
- Divides into anterior and posterior branches at upper border of ishtmus
- Lies behind pretracheal fascia
- Continues superiorly to enter beneath inferior constrictor and along posterior aspect of cricothyroid mm.
- Left side more like to lie behind RLN whereas R side is more 50/50

COURSE OF RECURRENT LARYNGEAL NERVE



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com





Figure 2.16. Relations at the crossing of the recurrent laryngeal nerve and the inferior thyroid artery. (A–C) Common variations. Their frequencies are given in Table 2.2. (D) A nonrecurrent nerve is not related to the inferior thyroid artery. (E) The nerve loops beneath the artery. (By permission S Tzinas, C Droulias, N Harlaftis, et al., *Am Surg* 42(9):639–644, 1976.)









Figure 2.18. The course of the recurrent laryngeal nerve at the level of the thyroid gland in 102 cadavers. In about one-half of the cases, the nerve lay in the groove between the trachea and the esophagus. (Top) Lateral view. (Bottom) Cross-sectional view. (By permission of JE Skandalakis, C Droulias, N Harlaftis, et al., *Am Surg* 42(9):629–634, 1976.)

RLN "encased in thyroid"



COMMONEST RELTIONSHIP OF TUBERCLE OF ZUCKERKANDL AND RNL and SUPERIOR PARATHYROID





- Superior laryngeal nerve
 - Note the different ways external branch of superior laryngeal has a relationship with superior thyroid artery

EXTERNAL LARYNGEAL NERVE AND SUP THYRIOD



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy* : http://www.accesssurgery.com

THE AVASCULAR PLANE



Fig. 4. Lateral retraction of the upper pole of the thyroid lobe in order to open up the avascular space between the lobe and the crico-thyroid muscle, thus exposing the external branch of the superior

DANGER AREA



Fig. 5. (a) Type 1 EBSLN passing more than 1 cm above the upper pole; (b) type 2b EBSLN passing over the anterior surface of the thyroid lobe.

RELATIONSHIP OF SUPERIOR THYROID ART AND INTERNAL AND EXTERNAL BRANCHES OF SLN



Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

PATATHYROIDS NEEDING IMPLANTATION

PHYSIOLOGY

- Histologically mass of follicles full of colloid
- Single layer of epithelial follicular cells produce colloid
- 2% or less are parafollicular cells which secrete calcitonin

- Primarily secretes t3 and t4
- T3 has greater activity
- T4 gets deiodinated in peripheral tissue
 - Only 13% of circulating T3 and 5% of RT3 are directly from thyroid
- Human thyroid secretes 80ug of T4, 4ug of T3, 2ug of RT3 per day

	Plasma Concentration (mg/dL)	Amount of Circulating Hormone Bound (%)	
Protein		T ₄	T ₃
Thyroxine-binding globulin (TBG)	2	67	46
Transthyretin (thyrox- ine-binding prealbu- min, TBPA)	15	20	1
Albumin	3500	13	53

Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy* : http://www.accesssurgery.com

Skandalakis JE, Colborn GL, Weidman TA, et al: *Skandalakis' Surgical Anatomy*: http://www.accesssurgery.com

 Pictures courtesy of Professor Lindsay Wing (University of Sydney Anatomy Department)